

GOOD NEWS

OVER 10 YEARS OF DELIVERING CHANGE

Spring 2021



Kirsten Gauthier's Farewell

After dedicating over 10 years to Good Foot Delivery, our Co-founder has decided to step down from her role on the Board. She helped the organization grow from a two-person start up to a thriving social enterprise that provides both employment and support to the neuro-diverse community. According to most, the team at Good Foot is like family. This is all thanks to Kirsten's hardwork and dedication.

To show our appreciation, we put together a [video](#) to express our gratitude for her contributions to the organization. We wish her the best of luck as she continues to spearhead growth at 48North.



Shopify Integration

Our team is working hard on a new feature for our e-commerce customers. This summer we will be launching our Shopify application! This application will provide live Good Foot Delivery rates to everyone within our delivery area that makes a purchase from your Shopify store. Once your customer places an order on your website, an order is automatically populated within our Delivery Management System. Super easy!

We are beyond excited for this to launch! Not only will this help grow our business, but it will also provide a seamless delivery process for our e-commerce customers!

Interested in being part of our Pilot Project? Send us an email and we'll add you to our list!

Support Local

We Are Womxn, a national nonprofit empowering Black, Indigenous, LGBTQ2S+ and Women of Colour Entrepreneurs in the food and beverage industry launched on International Women's Day. To celebrate the launch, Good Foot Delivery had the privilege of delivering their WAW box across Toronto.

We Are Womxn provides support through one-on-one mentorships, grant opportunities, business interview series and a national sampling box. Check out their [website](#) for the latest grant opportunities. We are so proud to be working with an inspiring organization as it works to empower women across Canada.



New Social Event

Not surprisingly, COVID has greatly impacted our social programming. We continue to think of new ways to engage with our team virtually. One of our new events is a monthly movie review.

In March we discussed the movie *Billy Elliot*, a film about a boy who discovers a passion for ballet despite objections by his father. The group analysed the movie from a historical lens, considering how the view of masculinity has changed over time. This month, we discussed *Baby Teeth*, a film about a terminally ill teenager who falls in love with a drug addict. Our thought-provoking conversation looked at the different characters and how impending death affected them.

Courier Spotlight



Alan has been focused on his weight-loss journey. Over the last year, he has lost over 60 pounds! We couldn't be more proud of him.

He's committed to a healthy lifestyle! He goes for a 2 hour walk almost every day. Spending time in the kitchen with his dad, Alan has been testing out different low-carb recipes like cauliflower crust pizza and low-carb pancakes. Next on his list: low carb blueberry cheesecake!

