

COURIER IMPACT



Jack

I'm 29 and I started working at Good Foot a long time ago - I think it was 2014! I like doing deliveries and being able to put myself out there, and going to different places. You get to know the city really well, and get different perspectives on things from other people. I also like being with my co-workers and getting to be a part of social events. It's a very social place to work. The staff are so friendly. That's always a positive thing. If I have questions, they won't hesitate to answer.

I find it easier now to navigate my way around the city. My directions have gotten a lot better over the years from all the places I've seen on deliveries. It's good to have a sense of direction in a city like Toronto. If I do have a moment where I get lost, I'm able to quickly figure it out. I even helped a few people on the street one time! They asked me for directions to Ossington station and I was able to point them in the right direction. It felt good.

During the pandemic, it helped me to have a job and to have somewhere to go and something to look forward to. Even if it was only a few shifts a week, to me, it doesn't matter. I'm just happy to be able to get out of the house and have some deliveries. The last thing I want to do is just be stuck at my apartment with nothing to do! Having a job at Good Foot gives me a place to go, and doing deliveries gives me something to look forward to. I'm looking forward to helping out during the busy holiday season.

I also moved into a new apartment back in May. It's been an adjustment and I'm still not used to living on my own. The biggest challenge has probably been learning to cook for myself. It can be a challenge sometimes, because you don't always know what to make, especially for one person. Sometimes I go out and buy lunch for myself when I don't feel like cooking. But my Mom lives down the street and I still get to visit her a lot.

Being Autistic is really interesting, and it's something that I wish I knew more about! The way that I see things is sometimes just different. There are things that other people wouldn't think is a big deal, but I might find it challenging. At Good Foot, I feel like there's some comfort and connection. I feel like I can relate to everyone else. Sometimes I find the job kind of difficult when there's a lot of decisions involved with deliveries. As Couriers we're always looking for addresses, trying to figure out which side of the street the address is on. You're doing so many things, you really have to multi-task.

