

COURIER IMPACT



Jens

I started working at Good Foot on May 20, 2016. My brother was heading to work one day and he saw an ad on the subway. So he told me about it, I applied, and then I got the job. I found the training process to be very well done. It's very good; you couldn't ask for anything better. It's nice and structured. When I first started here, there was another Courier who recognized me from cooking class in high school. It was nice to see a familiar face when I started. It's a small world!

At Good Foot I've become much better at mapping and navigation, because I was not great at that before. I can get around the city easily by myself now – at one point I memorized the whole Bloor-Danforth line. I've also learned some responsibilities here. I'm always punctual, which is good. So I have definitely picked up some skills.

I like to explore the city and see new places that I haven't seen before. I like to learn about and meet new people. I also like to exercise. At Good Foot it's nice to be outside and get fresh air and exercise during my day. The Scotiabank challenge has been fun. This year is the first year that I've done it. I'm getting close to finishing the marathon, I think I just have a few more kilometres left.

I moved out in August last year, so this is the first full year on my own! It was something very new, and I had to start to learn how to do things on my own. I try to get up at a good time. I've been getting up at 5:30 every morning recently. I like to make sure that my condo is neat and everything is in order. In September 2019, I bought myself an instant pot, and now I rotate between cooking and leftovers. One month I will cook, and the next month I will be eating leftovers. I do this so I don't have to cook in months that are really busy, like December.

Sometimes it's hard to remember things because I only have half a brain! But Good Foot has helped me. They've made a helpful accommodation so that I can only carry packages small enough to fit in my backpack, and anything else I won't take. With one hand, it's not that easy to carry a lot of parcels. When I run into those scenarios, I just have to call Dispatch and tell them that I can't pick up this order.

After work, I like to play on the computer. I go to some of the Good Foot socials when they come up. I used to go bowling a lot. October was such a busy month for me, I just wanted to take a bit of a break for November. I've been so busy lately, it will be nice to just go home and relax after work!

