

COURIER IMPACT



David

Having a job is important to me because it helps me live independently and gives me a sense of purpose. I like working at Good Foot because it's mostly outside and I don't have to stay in one place. I get to explore the city and work with great people.

Working at Good Foot has helped with my confidence and my ability to talk to people as well. With my communication skills, I'm able to talk to more people than I used to. In the past I've had difficulty talking to strangers and interacting with people in general. Working as a Courier has helped me a lot more than I expected. **At Good Foot, I've found a lot of friends and a great social circle, and I'm now able to communicate with people from all fields of life.**

After a few years at Good Foot, I became a trainer and part of the safety team. I was a bit nervous to start in my new role, but I had a lot of support to help me feel ready. **I love teaching people during their training and actually seeing them out in the field. When I get to see them do the job on their own, I feel really proud.**

Good Foot has helped prepare me for other opportunities as well. I've been working on my cover letter and resume, and Good Foot has encouraged me to do further research in the job market and prepare me for interview questions. I would love to work a job where I can be outside and don't have to sit at a desk.

One of the ways I've been able to start preparing for other jobs is through my Out placement at Grow. I learned about it from Good Foot, and the staff here helped me practice for the interview. They were there to support me during the interview and helped me with some words I couldn't say. I'm excited to do the practical training for this new placement.

I wish employers could know that people with autism may have a different process of learning, but we have big hearts. Sometimes it takes time for us to learn something and we need some patience. But we care a lot and sometimes we have the greatest ideas.

